



Winter Sports Honors 2009-10

Boys' Basketball

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| Scott Kennedy | Honorable Mention – Sunflower League Honorable Mention – All-Sun Country |
| Ryan Olander | Honorable Mention - Sunflower League |
| Zach Schneider | Honorable Mention - Sunflower League Honorable Mention – All-Sun Country Freshman of The Year – Sunflower League |

Girls' Basketball

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| Janna Graf | 1 st Team All-Sunflower League All-Sunflower League Player of the Year 1 st Team All-State 1 st Team All-Metro 1 st Team All-Sun All-Sun Player of the Year |
| Alison Stephens | 1 st Team All-Conference 2 nd Team All-Sun Honorable Mention All State |
| Shannon McGinley | Honorable Mention All-Conference |

Bowling

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| Ali Dees | Honorable Mention All-Sun |
| Brennan Burns | 1 st Team All-Sun 11 th at State |

Boys' Swimming and Diving

Sunflower League Champions Kansas State Champions

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| Troy DeMoss | 2 nd Place State - 400 Freestyle Relay 6 th Place State - 200 I.M 6 th Place State - 100 back 6 th Place State - 200 Medley Relay 1 st Team All Sunflower League 2 nd Team All State |
| Collin Enger | 6 th Place State - 200 Medley Relay |

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| Clay Finley | 1 st Place State - 200 Freestyle Relay 2 nd Place State - 50 Freestyle 3 rd Place State - 100 Freestyle 2 nd Place State - 400 Freestyle Relay All-American – 200 Freestyle Relay 1 st Team All-State 1 st Team All- Sunflower League 1 st Team All-Sun All-Metro - 200 Freestyle Relay |
| Peter Frazell | 4 th Place State - Diving |
| Patrick McGannon | 6 th place State - 200 Medley 2 nd Team All-Sunflower League |
| Brandon Schoofs | 1 st Place State - 200 Freestyle Relay 6 th Place State - 200 Medley Relay All-American - 200 Freestyle Relay All Metro - 200 Freestyle Relay |
| Nathan Simpson | 8 th Place State - 100 Breaststroke |
| Hunter Stevenson | 1 st Place State - 200 Freestyle Relay 2 nd Place State - 400 Freestyle Relay All-American - 200 Freestyle Relay All-Metro - 200 Freestyle Relay 1 st Team All-Sunflower League |
| Jack Walker | 1 st Place State - 200 Freestyle Relay 2 nd Place State - 400 Freestyle Relay 7 th Place State - 100 Freestyle 7 th Place State - 200 Freestyle All-American - 200 Freestyle Relay All-Metro - 200 Freestyle Relay 1 st Team All-Sunflower League |
| Andrew Walker | 2 nd Place State - 100 Breaststroke 6 th Place State - 200 Medley Relay 1 st Team All-Sun 2 nd Team All Sunflower League |

Wrestling

Sunflower League Champions

| | |
|-----------------|--|
| Blaine Hill | Honorable Mention – All-Sun |
| Blake Hill | Honorable Mention – All-Sun |
| Tanner Johnson | Honorable Mention – All-Sun |
| Jack Mitchell | Honorable Mention – All-Sun |
| Jeff Rutherford | Sunflower League Champion Honorable Mention – All-Sun |

Cap Welsh

1st Team All Sunflower League

Chase Woofter

Honorable Mention – All-Sun

This information has been submitted by coaches as of June 15, 2010. .